

WITH
2018
HCUP
DATA

MALNOURISHED HOSPITALIZED PATIENTS ARE ASSOCIATED WITH

POORER OUTCOMES

Malnourished Patients Have:

**3.4x
HIGHER**

In-Hospital Deaths
Than Those Without
Malnutrition



**1.9x
LONGER**

Hospital Stays
Than Than Those
Without Malnutrition



**2.0x
HIGHER**

Discharge Rates
to Long-Term Care or
Rehab Facilities



**1.4x
HIGHER**

**Need for Home
Health Care
Services**

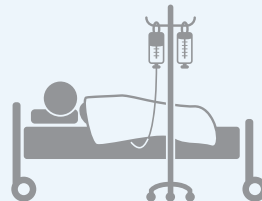


HIGHER ECONOMIC BURDEN

**\$58
BILLION**



Total Costs
Associated with
Malnutrition Stays
(18% Increase
from 2016)



Hospital Costs for Patients
with Malnutrition are

73% HIGHER

Than Those Without Malnutrition

Readmission Stays for Those
Malnourished Add

**\$10,000
MORE**

to Hospital
Stay Cost



HELP STOP MALNUTRITION: nutritioncare.org/malnutrition

Based on 2018 HCUP data.

Guenther P, Abdelhadi R, Anthony P, et al. Malnutrition diagnoses and associated outcomes in hospitalized patients: United States 2018. *Nutr Clin Pract.* 2021 <https://doi.org/10.1002/ncp.10771>

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